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## Gov. Whitmer, Lt. Gov. Gilchrist Statements on Historic Victories for New Senate Majority Leader Winnie Brinks and Speaker of the House Joe Tate

LANSING, Mich. – Governor Gretchen Whitmer and Lieutenant Governor Garlin Gilchrist issued the following statements on the selection of Senator Winnie Brinks (D-Grand Rapids) as Senate Majority Leader of the Michigan Senate and Representative Joe Tate (D-Detroit) as Speaker of the Michigan House of Representatives. Democrats will control legislature for first time in 40 years led by first-ever woman Senate Majority Leader Brinks and first-ever Black Speaker of the House Joe Tate

#### **Governor Whitmer Statement**

"I am so excited to work with my friends Majority Leader Brinks and Speaker Tate to get things done on the fundamental issues. Both incredible leaders will make history—Senate Majority Leader Brinks as the first woman ever to hold that position and Speaker Tate as the first Black Michigander ever to be elected Speaker in our 185-year history. And both are committed to putting families first and moving Michigan forward. I know they will work with colleagues on both sides of the aisle to get things done.

"There is so much we can do together. Make bolder investments in families, education, and infrastructure, grow our economy by bringing home tens of thousands more manufacturing jobs, and protect women's

rights, civil rights, and worker's rights.

"I also want to congratulate House Minority Leader Matt Hall and Senate Minority Leader Aric Nesbitt. In the years ahead, we will face our fair share of challenges, but I have no doubt that by working together across the aisle, we can move Michigan forward. "I cannot wait to see what we accomplish. Let's get it done."

#### Lieutenant Governor Gilchrist Statement

"This is a historic moment for Michigan. The election of Speaker Joe Tate and Senate Majority Leader Winnie Brinks demonstrates that when we uplift voices that are reflective of Michigan's incredible diversity, and bring everyone to the table, we can make real progress. "Today is about making a difference for Michiganders of every background, in every community, and showing our kids that no matter who you are, you can achieve your dreams right here in Michigan. "I look forward to working with Senate Majority Leader Brinks in my role as Senate President and collaborating with Speaker Tate to invest in our communities. Let's keep standing tall for Michiganders."

## تشكيلية عراقية

تشارك في معرض عالمي مشترك سويدي أمريكي



مشجعون أجانب في قطر: وجدنا المحبة والتفاهم ونحترم الثقافة العربية



# Muslim women make electoral history in Georgia legislature



Gov. Whitmer

Announces
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Service

**Awards** 





## مشجعون أجانب في قطر: وجدنا العحبة والتفاهم ونحترم الثقافة العربية

أكد عدد من المشجعين الأجانب الذين جاؤوا إلى قطر لحضور مباريات كأس العالم أنهم يحترمون الثقافة العربية ولم يأتوا لشرب الخمر، مؤكدين أنهم وجدوا المحبة والاحترام في قطر التي تعد أول بلد عربي ومسلم ينظم كأس العالم لكرة القدم.

ووثق صانع المحتوى عبد الله العمادي مقطع فيديو على حسابه الرسمي في إنستغرام يظهر حديثه مع مجموعة من المشجعين من ولاية فلوريّدا الأميركية وهم يتحدثون عن جمال زيارتهم للمساجد في قطر واحترامهم الثقافة العربية.

وقّال العمادي «دعوة جماهير كأس العالم للإسلام ما كنت متوقعا فعاليتها بالشَّكل الملاحظ، ومن الصدمة طلبت جوازات جمهور

وأشاد المشجعون بالجهود القطرية، وعند سؤالهم عن اسم أمير قطر أجابوا بعدم معرفتهم، لكنهم يعرفون صورته، واصفين إياه بـ( الوسيم ) والمتحدث الجيد في المنابر.

وأكد المشجعون أنهم سمعوا الكثير عن قطر، وعن انطباعهم الأول لها وعندما وصلوا إليها وجدوا أنها بلاد جميلة، وجميع ما

وأضافوا «قدمنا لمشاهدة كرة القدم ولقضاء وقت ممتع وليس لشرب الكحول»، وقال أحدهم «سمعنا العديد من التعليقات المجنونة، ونحن نريد أن نخوض التجربة الثقافية لهذا البلد، ووجدنا المحبة والاحترام، والجميع هنا متفهم ويقدم المساعدة.» وأضاف آخر «سمعنا العديد من الأمور عن ثقافة البلاد وعاداته

وتقاليده ويجب علينا أن نحترمها، ولا شيء أجمل من الاحترام»، مشيرا إلى «تجمع الناس بمختلف أجناسهم، إنه أمر مدهش لأنهم من جميع أنحاء العالم.»

وعند سؤالهم عن الأماكن التي تمت زيارتها رد أحدهم قائلا «ذهبنا لأكبر مسجد هنا وهو مسجد محمد عبد الوهاب وكان مكانا جميلا»، ليرد عليه عبد الله بالقول «هل كنتم ترغبون بدخول الإسلام؟»، فرد أحد المشجعين «قالوا كنا نفكر لأنه يشرح الإسلام بشكل شامل وجيد، ومنه أركان الإسلام الخمسة وتعلمنا عنها، مؤكدين جديتهم للتعرف على الإسلام بعد رؤيتهم منشورا على غوغل يشير إلى المسجد.»

وأكد المشجعون أنهم قضوا وقتا جيدا وجميلا مع المرشد السياحي الذي تحدث لهم كثيرا عن الثقافة الإسلامية، مشيرين إلى حصُولهم على هدايا عبارة عن كتب تثقيفية وتعليمية عن الإسلام.

يأتى هذا فيما يواصل الإعلام الغربي كيل التهم وشن الهجمات على قطر إلى الدرجة التي دفعت الشيخ محمد بن عبد الرحمن آل ثاني نائب رئيس الوزراء وزير الخارجية القطري إلى القول إن الحملة التي واجهتها بلاده «لم تواجهها أي دولَّة أخرى حظيت بحق استضاّفة هذه البطولة.»

وقبيل انطلاق البطولة قال رئيس الفيفا جيانى إنفانتينو خلال مؤتمر صحفى إن دولة قطر ستنظم أفضل نسخّة من المونديال في التاريخ، كمّا رد بشدة على الانتقادات المُوحِهة اليهاّ.

وأجمع ساسة وخبراء في السياسة والإعلام والرياضة على أن الحملات الأخيرة التي تسعى إلى النيل من سمعة قطر والتشكيك في قدرتها على تنظيم مونديال ناجح «موجهة من جهات ومنظمات تضمر الحقد لدولة قطر ولنجاحاتها المتعددة، وتشعى إلى الاختباء وراء ملفات حقوقية لتحقيق أهداف سياسية.»

مواقع التواصل الاجتماعي + وكالة سند



## ولاية أميركية تثير جلبة.. سمحت لربوتات بقتل المطلوبين

بعد تزايد الهجمات في الآونة الأخِيرة، قد مت إدارة شرطة سان فرانسيسكو اقتراحاً إلى مجلس المشرفين في المدينة للحصول على إذن باستخدام الروبوتات بهدف قتل المشتبه بهم. في التفاصيل، اعتبرت الإدارة أن هناك مشتبهاً بهم يشكّلون تهديداً مباشراً لحياة المواطنين أو الضباط في الولاية، وهو ما دفعها إلى تقديم هذا

في التفاصيل، اعتبرت الإدارة أن هناك مشتبهاً بهم يشكّلون تهديداً مباشراً لحياة المواطنين أو الضباط في الولاية، وهو ما دفعها إلى تقديم هذا

إلا أن كلامها هذا لاقى معارضة كبيرة من داخل وخارج مجلس المشرفين، حيث رفض المشرف آرون بيسكين، استخدام لغة العنف في الاقتراح.

وشدد على عدم وجوب استخدام الروبوتات كعنصر لتطبيق القوة ضد أي شخص.

لكن بعد هذه المعارضة، قامت إدارة الشرطة بإعادة صياغة مسودتها.

ثم حصلت لاحقاً على موافقة لجنة القواعد المكونة من ٣ أعضاء، والتي يرأسها بيسكين، بالإجماع على تلك المسودة ورفعتها إلى مجلس المشرفين بالكامل للتصويت عليها.

روبوتات بطاقة كاملة

يشار إلى أن إدارة الشرطة باتت تحتفظ حالياً بعشرات الروبوتات التى تعمل بكامل طاقتها والتي يتم التحكم فيها من بعد.

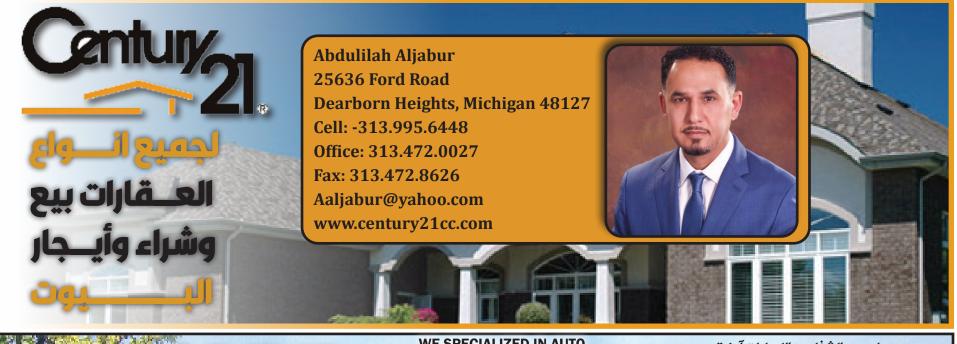
كما تُستخدم الشرطة تلك الآليات عادةً في المصدر: وكالات عمليات التفتيش والتخلص من القنابل.

وغالباً ما تكون وحدات التخلص من القنابل مجهزة بقذائف بندقية فارغة تأستخدم لتعطيل العمل الداخلي للجهاز المتفجر بالقوة، على الرغم من أنه لا يوجدُ شيء يمنع الشرطة من استخدام الذخيرة الحية إذا لزم الأمر.

يذكر أن اتهامات كبيرة تطال الشرطة الأميركية بخصوص استخدام العنف، خصوصا حادثة جورج فلويد التي وقعت عام ٢٠٢٠ وفجرت غضبا عارما

كمًا من شأن مثل هذا القرار أن يعيد الأذهان إلى الاحتجاجات التي اندلعت حينها تنديداً بالواقعة التي قتلت الشابّ الإفريقي بسبب عنف الشرطة.







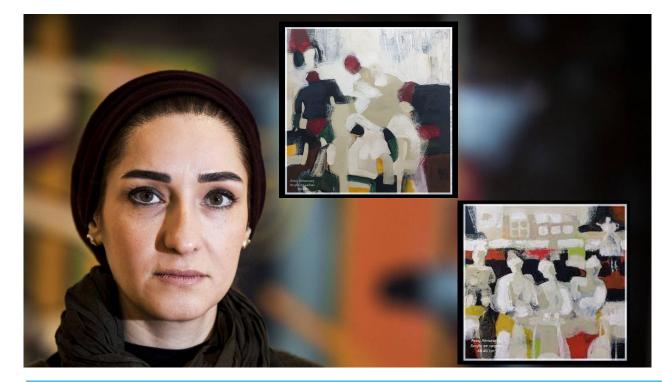


## تشكيلية عراقية تشارك في معرض عالمي مشترك سويدي أمريكي

تشارك الفنانة التشكيلية العراقية المغتربة في السويد" اريج المنصوري" في المعرض التشكيلي السويدي الامريكي المشترك، المزمع اقامته حاليا في شيكاغو، ضمن فعاليات فنية وثقافية تستمر لمدة عشرة ايام، ولم تخف التشكيلية أريج سعادتها بهذه المشاركة التي تعتبرها مهمة في مسيرتها الفنية لأنها تجمعها مع نخبة من التشكيليين العالميين، ومن مدارس فنية مختلفة، المنصوري تسعى بقوة للعالمية كيف لا، وهي ابنة الفنان التشكيلي العراقي الكبير" غالب المنصوري" الذي ترَّك بصمة مهمة فيّ الحركةُ التشكيلية العراقية.

والفن عامة والتشكيل" عالم الالوان والسحر" خاصة بالنسبة للشابة الموهوبة" اريج" هو حلم و رسالة إنسانية لا تنتهى , اما اليقين الاسلوب الذي تعمل عليه المنصوري، فهو الاسلوب الانطباعي السردي وبلغة واقعية , وتستمد مقوماتها من أسس واقعيةً بحس أنطباعي يعود الى فطرتها البدائية، فنرى فيها مستوى جديد من الواقّعية يتبنى اسلوب المثالية من جماليات الموروث الثقافي العراقي , ممزوجا مع الموروث الغربي بحكم المعايشة مع

واريج المنصوري هي خريجة معهد الفنون الجميلة بغداد/رسم، , و خريجة اكاديمية القنون الجميلة بغداد/رسم و من تلاميذ الفنانة التشكيلية القديرة د.هناء ماالله.



### مسرحية «شابكة».. عوالم موازية لخلق الفرجة المسرحية



#### عبيد لبروزيين \_المغرب

لربما كان الحدث أهم عنصر من عناصر العرض المسرحى، قديما وحديثًا، غير أنه عرف تحولات كبرى في مسيرة المسرح نحو التحرر واستكشاف عوالم جديدة، إذ كانت ملفوظات الشخصيات أهم مؤشر لتناميه وتطوره، وصياغة حبكته وإبداع طرائق نسجه، لكن ذلك كان قبل أن عرف المسرح طفرة نوعية في تجديد خطابه منذ بداية القرن التاسع عشر، فأصبح الأداء ومُؤثثات الركح من أهم علامات تنامى الحدث، وتحول العلامات اللسنية إلى علامات أيقونية وإشاريّة تسهم في بناء معمار العرض المسرحى كما هو الشأن بالنسبة لمسرحية شابكة لأمين ناسور.

تدور أحداث المسرحية حول أسرة تتكون من ثلاثة أفراد انزوت للهامش بعد حصول الأم صاليحة على تقاعدها كمعلمة، زوجها رجل متقاعد أيضا، لهما ابن يدعى سلطان، يعانى من البطالة ويشكو ضنك العيش، وسرعان ما تكشف المقاطع الحوارية والأغانى والرقص والموسيقى عن الفقر الذي تعيش فيه الأسرة رغم مُكانتهم الاعتبارية في المجتمع، لأنها اختارت الانحياز والحفاظ على مبادئها، تلك المبادئ التي كرست الأم سنوات عمرها تلقنها لطلابها، لكن وقع الفقر كَان أثقل من أي شيء آخر، حيث بدأ الأب يفكر في العمل لسد ثغرات الزمن الرديءُ، غير أن محاولاته كانت تبوء بالفشل دائما، ليستمر الوضع على ما هو عليه.

دأبت الأسرة الصغيرة على الاستماع للمذياع الذي تشاركه شخصياته حياتهم في جدال مستمر بأغانيه وأخباره المسترسلة. لكن تتغير الأحداث على عقب في الفصل الثاني عندما يتناهى إلى علم المعلمة صاليحة من صوت المذياع، أن رابح ولد رابح أصبح وزيرا لثلاث وزارات، وهو الذي كان أحد تلاميذها المتعثرين جدا، الأمر الذي أثار استغرابها ودهشتها، بِل وحنقها أيضا، مفارقات الواقع أُدت إلى تأزيم الوضع أكثر فأكثر□ حيث يتردى فيه الكفء إلى الحضيض، بينما يرتقي من لا يستحق السلم الاجتماعي.

يستسلم الزوج لرغبته في استجداء الوزير رابح ولد رابح للحصول على عمل لابنه سلطان، أو لعله يجود عليهم من خيره لمواجهة متطلبات الحياة الكثيرة، بينما ترفض صاليحة ضغط أسرتها لطرق باب تلميذها السابق الذي أصبح وزيرا عن غير جدارة القد كان الألم يعتصر قلب صاليحة لما الت إليه الأوضاع، لكن ذلك لم يمنعها من الدفاع عن قرارها، والتمسك

به غير ابهة بضغوطات الزوج والابن، ليسدل الستار على أغنية لمجموعة لمشاهب ترثى فيها الوضع القائم.

السرد الموسيقي:

ليست الموسيقي في مسرحية شابكة فعلا خارج درامي، أو مكملة لمعنى، أو فلتَّة جمالية من فلتات المسرحية من َّأجل جلب الجمهور أو إضفاء طابع خاص، بل كانت أداة محورية فى بناء عوالم الركح، ولربما اعتماد المخرج أمين ناسور على المّمثل متعدد المواهب قد أكسب المسرحية طابعها الخاص أيضا، لذلك يتجاوز توظيفها تعميق الإحساس بالحزن والألم أو خلق أجواء المسرحية بصفة عامة، أو الدفع بالمشاعر المتناقضة لتأخذ طابعا دراميا في مشهد ما، لتتحول في هذه المسرحية إلى الة للسرد، سُرد مأساة أسرة صاليحةً بواسطة الموسيقى، لاسيما في بعض المشاهد التي يؤدي فيها الممثلون تجارب حياتهم الماضية أداء صامتا على أنغام تتناسب والمشهد الدرامي.

وحتى نقف عند هذه الآلية المحورية في صناعة الفعل الدرامي على خشبة المسرح، لابد من معرفة أن هذه الموسيقيّ مصدرها مذياع المنزل، المذياع الذي رافق حياة الأسرة الفقيرة يستقصون منه الأخبار ويطربون لأغانيه المختلفة بين الأغاني المشرقية والمغربية، وهي عموما يمكن أن تقسم إلى

موسيقى صامتة:

لطالما خاطبت الموسيقي ما وراء العقل، لتستهدف الكهوف البلورية من مشاعر وأحاسيس الإنسان، فهي تساعد في خلق الجو العام للمسرحية، وتعميق الإحساسات والعواطف بما يناسب طبيعة المشاهد، غير أن الأمر الذي اضطلعت به الموسيقي الصامتة في هذا العرض هو السرد بالموسيقي، وهو فعل نادر في المسرح العربي والمغربي، وعلى نغمات مذياعية ينساب الصوت الموسيقى لينتشل العرض من المألوفية إلى الانزياح المتشكل في مجمل الخطاب المسرحي، عوالم من الادهاش المستمر، موسيقي انسيابية هادئة وعاطفية تروى كيفية التقاء صاليحة بزوجها، وكيف أفلت شمسها وهي تقضي زهرة شبابها في التدريس، نوستالجيا أمكنة متفرقة شهدتُ تضحيات المرأة."

#### للمرة الأولى فى تاريخها.. روبوت يدلي بإفادته في الغرفة العليا بالبرلمان البريطاني

استجاب روبوت يرتدي ملابس رياضية وبشعر يجتمع اللوردات والبارونات غير المنتخبين أسود حالك لأسئلة في مجلس اللوردات البريطاني لأول مرة في التاريخ، بحسب ما قالت صحيفة The Washington Post

> قبل تعطل الروبوت أمام الحضور، تحدثت الروبوت النسائي، المسماة "آي-دا"، إلى لجنة الاتصالات والتكنولوجيا الرقمية البريطانية ضمن تحقيق في مستقبل الصناعات الإبداعية، وانضمت إلى نقاش حول كيفية تشكيل التكنولوجيا قطاع الفن، أو ربما

كانت هذه هي المرة الأولى في تاريخ بريطانيا التي يدلي فيها روبوت شبيه بالإنسان بإفادته في الغرفة العليا بالبرلمان البريطاني، حيث

لتحليل السياسات الحكومية. قال آيدان ميلر، مخترع الروبوت والمتخصص

في الفن الحديث والمعاصر، قبل الجلسة: "حَّقيقة أنَّ الروبوت آي-دا تقدم إفادة في إحدى هذه الجلسات أمر مذهل للغاية.»

تشتهر "آي-دا"، التي و ُصِفَت بأنها "أول فنان روبوت بشّري فائق الواقعية في العالم"، على نطاق واسع بإنشاء صور شخصية وقصائد باستخدام ذراع آلية وكاميرات في عينيها وخوارزميات الذكاء الاصطناعي. وأخبرت مجلس اللوردات أنّ خصائصها الفّريدة تسمح لها بإنشاء "صور جذابة بصرياً"، وهو بلا شك مصدر فخر لمبتكرها.



### تعودت أن أقول كل شىء للمطر

نص ولوحة مهدي النفري – هولندا لطالما خفت هذه الريح وأُخافتني، لكني مع ذلك أمسك بطرف الورق المتساقط من الشجر وألوذ به من ذاك الشبح الجاثم فوق صوت الريح، اليوم حملت حقيبتي الصغيرة، مضيت إلى درب عاهدت نفسي أن لا أرسمه ولا أقف عنده؛ لكني كي أكسر حاجز الخَّوف وقفت هناك،

القط يموء منّ بعيد أشعر بأنه جائع، وأنا في سّباقّ مع الزمن لأتخلص من كاهل دقات الساعة. ماذا يعنى أنك وجه ُ لوجه ِ في المرايا؟ هذا السؤال طرح نفسه بلا عدد فلم أعد ُه الآن، لا قيمة للتكرار إذًا ما كان قلبك خائفاً من كل شيء، أعود إلى الدرب أمسك بقلم الرصاص وأبدأ برسم وجهي، صغير العينين، وجلد داكن البشرة يبدو لي أنه شاحب أو هكذا يراه الآخر.

أفكر فَّى النوم، أنا بحاجة ماسة له، النوم حلم الفقرّاء والمهمشين، وأمره غريب جيدا؛ إذا يطيل الجميع كما الموت لا يفرق بين سين وصاد.

الريح تعصف، وغراب وحيد يقف على مرأى منى، وأنا مشدود إلى الورقة، أحاول ترتيب رسم وجهى. يا للعجب، الملامح تتشابه كثيرا في الوحدة عند الغرباء: يأتون فرادي، ويندبون حظهم فرادی، ویزرعون دروبهم فرادی.





## Many young people recognize negative impact of social media and have considered deleting accounts

#### By: Michigan Medicine

Youth ages 14-24 often use strategies to regulate social media use, from time limits to changing settings.

Bullying, misinformation, safety risks, "fakeness" and distressing content are just some of the reasons young people say they're putting boundaries on social media. More than half of respondents ages 14-24 in a recent survey said they've deleted or thought about deleting their social media account or app. Many others said they've set stricter time limits, changed settings to control content they see or taken other steps to protect their mental wellbeing and safety.

"Many young people are keenly aware of ways social media may negatively impact them and have strategies to self-regulate use to promote their mental health," said lead author Jane Harness, D.O., a child and adolescent psychiatrist at University of Michigan Health C.S. Mott Children's Hospital.

Researchers analyzed responses from 871 teens and youth who responded to questions about social media through My Voice, a University of Michigan-led national text message poll of young people. The results appear in the Journal of Adolescent Health.

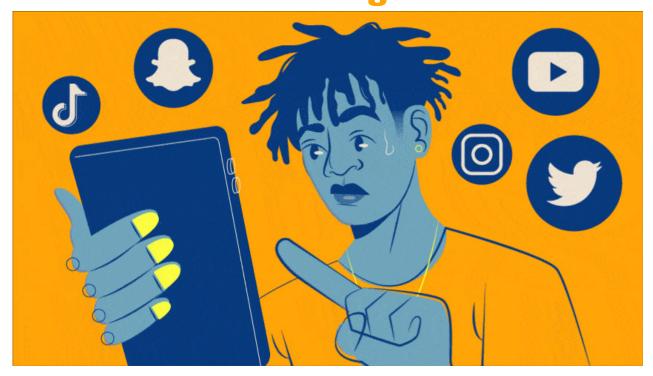
Harness said she was surprised to see that one of young people's top concerns related to social media use was safety, with many users advising against sharing personal information, interacting with strangers and warning against opening location-tracking links.

Many were also apt to caution others that everything posted on the internet is permanent, even if it is later deleted, sharing stories of how something they or someone else had shared had come back to haunt them.

"Youth provided thoughtful advice about how much to share on social media and how to safely interact on these platforms," Harness said.

As one participant said: "I believe it is imperative that people who are new to social media start with their accounts private, particularly younger teens. I believe it is necessary that parents monitor their children's social media at least until high school."

Others recognized an association between social media and their mood, from unhealthy scrolling habits to feeling depressed, and self-conscious- prompting some to



take occasional breaks and reduce time spent on platforms

"I've spent 20 hours a day in social media and was constantly comparing myself to others," one person wrote. Young people polled also acknowledged that what they saw on social media wasn't always true, from people using editing features to curate "picture perfect" photos that didn't reflect reality to perpetuating misinformation.

"Many young people are keenly aware of ways social media may negatively impact them and have strategies to self-regulate use to promote their mental health." Jane Harness, D.O

While social media is "a fantastic tool to keep in touch with people" and participate in communities you're interested in, a participant said, "make sure it's not a substitute for being with people, or actually participating in your interests."

"On the one hand, we see that young people are motivated to continue using social media for positive content and to connect with others," Harness said. "But

they're also wary of undesirable content, wasting time and a negative impact on their emotional health."

"Social media may impact every person differently depending on their level of awareness and how they use it and feel about it," she added. "Some people may need to be more intentional about boundaries than others."

Harness said the survey revealed insightful recommendations that health providers and caregivers could use to help youth who want to change their social media use.

"We found that youth are actively seeking out creative ways to alter their social media use, often fueled by their insight and own emotional experiences using these platforms," she said. "The next step will be for health providers and families to harness these interventions in an individualized way."

Additional authors include Kate Fitzgerald, M.D., M.S. of Columbia University, Humayra Sullivan, M.D., of Brown University; and Ellen Selkie, M.D., M.P.H., of University of Wisconsin.

Study cited: "Youth Insight About Social Media Effects on Well/Ill-Being and Self-Modulating Efforts," DOI:10.1016/j. jadohealth.2022.04.011

## Twins born from embryos frozen nearly 30 years ago break record

#### By: Kristen Gallant

KNOXVILLE, Tenn. (WATE) — A fertility clinic in Knoxville has broken yet another record through its embryo adoption program.

Embryos that were originally frozen three decades ago were successfully thawed, transferred, and then delivered. The National Embryo Donation Center was able to help facilitate the birth of twins, Lydia and Timothy Ridgeway. The twins set the new known record for the longest-frozen embryos to ever result in a successful live birth.

"They've been a joy to have for us, and to their siblings, and even just seeing their older siblings interact with them," said the twins' dad, Philip Ridgeway.

Philip and his wife, Rachel Ridgeway, said they knew they wanted to participate in an embryo adoption program when they discussed having more kids.

"We wanted to be able to go in and find embryos that had been overlooked for reasons beyond their control that have been waiting so long for a mom and a dad," said Rachel. The now parents of 6 are from Portland, Oregon but traveled to Knoxville to participate in the National Embryo Donation

Center's program.

"They specifically requested the embryos that have been waiting for the longest. They actually felt called to specifically say we want the embryos that everyone else has taken a pass on," said Medical Director Dr. John David Gordon. Dr. Gordon added that there are between 1.5 to 3 million frozen embryos across the country waiting to be thawed and transferred. Some are never used. Others are put up for adoption. Gordon said, "embryos that were previously created through invitro fertilization are basically put up for embryo adoption for other couples to come in and adopt those embryos."

Lab Supervisor and Senior Embryologist Sarah Atkinson said unfreezing 30-year-old embryos can be tricky.

"With the Ridgeway's embryos, since they were frozen so long ago, almost 30 years ago, they were frozen through a process called slow freezing," Atkinson said.

Their lab was able to do so successfully.

"Not many people can say you're world record-breaking. So, I'm honored to be here and be a part of it and help the Ridgeways add to their family," Atkinson added.

Now the Ridgeways have two new record-breakers to add to their family.

We just always want them to know that they were chosen, and they are loved, and that they

were preserved, and that God is so good to have done that for them," said Rachel.

The embryos were originally frozen on April 22, 1992. Lydia and Timothy Ridgeway were born in October 2022.

The previous record was set by another National Embryo Donation Center couple, Tina and Ben Gibson. Those embryos were frozen for more than 27 years.





## Muslim women make electoral history in Georgia legislature

#### **Free Opinion Press:**

Georgia candidate makes history as first known Muslim and Palestinian woman elected to State House. The 29-year-old community organizer -- made history as the first known Muslim woman elected to the Georgia House of Representatives, and the first Palestinian American elected to any office in the state. Romman said she's ready to work on access to healthcare and improving public education. There are so many people, especially on social media that have been responding to me going, 'I can't believe this was in Georgia. I'm so shocked this was in Georgia.' Frankly, I feel like this was overdue in Georgia," Romman said. "Our new freshman class is incredibly diverse because Georgia is incredibly diverse." After 10 months of relentless campaigning, the Democrat said she is eager to begin representing the people of District 97, which includes Berkeley Lake, and parts of Duluth, Norcross, and Peachtree Corners in Gwinnett County. As an immigrant, the granddaughter of Palestinian refugees, and a Muslim woman who wears the hijab, or Islamic headscarf, the road to political office hasn't been easy, especially in the very Christian and conservative South. Romman began in 2015 working with the Georgia Muslim Voter Project to increase voter turnout among local Muslim Americans. She also helped establish the state chapter for the Council on American-Islamic Relations, the nation's largest Muslim civil rights and advocacy organization. Soon after, Romman began working with the wider community. Her website boasts: "Ruwa has volunteered in every election cycle since 2014 to help flip Georgia blue." The



decision to run for office came after attending a Georgia Muslim Voter Project training session for women from historically marginalized communities, where a journalist covering the event asked if she wanted to run for office.

"I told her no, I don't think so, and she ended up writing a beautiful piece about Muslim women in Georgia, but she started it with 'Ruwa Romman is contemplating a run for office,' and I wasn't," Romman recounted. "But when it came out, the community saw it and the response was so overwhelmingly positive and everyone kept telling me to do it." Two weeks later, Romman and a group of volunteers launched a campaign. "I think this proves that people have learned that Muslims are part of this community, and that tide of Islamophobia is hopefully starting to recede," Romman said. Romman joins three other Muslim Americans elected to state and local office in Georgia this election cycle, according to the Georgia Muslim Voter Project.

## Jeffries on leadership transition: 'Honor to stand on the shoulders'

#### By: Olivia Olander

Rep. Hakeem Jeffries (D-N.Y), widely expected to lead his caucus in the next Congress, said Sunday it was an honor to follow the previous generation of top Democrats.

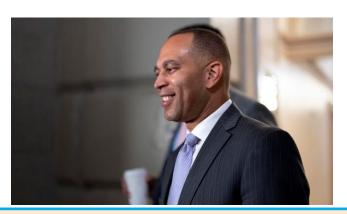
"It's an honor to stand on the shoulders of such an extraordinary group of leaders: Jim Clyburn, Steny Hoyer and, of course, Nancy Pelosi," Jeffries said on CNN's "State of the Union," referring to the outgoing House majority whip, House majority leader and speaker of the House, respectively.

The trio of octogenarians announced last week they plan to leave the top positions, paving the way for a generational change in party leadership. Jeffries announced his plans to run for House Democratic leader on Friday and was running unopposed as of Sunday.

Jeffries said that while outsiders have "to create this frame of Democrats in disarray," his party was able to come together on crucial policy decisions.

And he had no shortage of praise for Pelosi, who has had two stints as speaker and was the first woman to serve in the role.

"An historic speaker, a legendary leader, someone who has left an incredible footprint for good," he said of the outgoing speaker.



#### Christie rebukes Trump: 'It is time to stop whisperin

#### By: Julia Shapero

Former New Jersey Gov. Chris Christie (R) on where to place the blame. Many, includ-Saturday urged the Republican Party to move on ing Christie, are pointing the finger at from Donald Trump, just days after the former president announced his third bid for office.

the Republican Jewish Coalition's annual leadership meeting. "It is time to stop being afraid of any one person. It is time to stand up for the principles and the beliefs that we have founded this party on and this country on."

Christie, who ran against Trump in the 2016 presidential election, is considering another run for president in 2024.

The former New Jersey governor noted on Saturday that he was the first candidate to drop out and endorse Trump in February 2016, after a disappointing performance in the early primary states.

"I was there early, I was there faithfully, and I was there all the way - until election night

Christie has since become a vocal opponent of the former president and has been particularly outspoken in the wake of the GOP's disappointing midterm election performance.

Since Republicans fell short of delivering the anticipated "red wave" in the midterms earli-

er this month, the party has looked for

"We keep losing and losing and losing," "It is time to stop whispering," Christie said at Christie said on Saturday. "And the fact of the matter is the reason we're losing is because Donald Trump has put himself before everyone else."

Trump announced his 2024 campaign for president on Tuesday despite major pushback from within his own party.



#### Kamala Harris Meets Briefly With China's Xi Jinping: Here's What They Discussed

By: Bibhu Pattnaik

Days after his extensive talks with President Joe Biden, Chinese President Xi Jinping met with Vice President Kamala Harris on Saturday during the Bangkok Asia-Pacific Economic Cooperation (APEC) forum.

"The Vice President noted a key message that President Biden emphasized in his November 14 meeting with President Xi: we must maintain open lines of communication to manage the competition between our countries responsibly," the White House official said.

"I greeted President Xi before the APEC Leaders Retreat," Harris wrote in a Twitter

During the APEC meeting, Harris told the gathered world leaders that the U.S. would continue to focus APEC on sustainable economic growth, building on the strong foundation Thailand set this year with new ambitious sustainability goals.

Harris' meeting with Xi came after the U.S. said it is looking for China to do more to manage its ally North Korea.

On Friday, North Korea test-fired a ballistic missile that officials said could hit the U.S. mainland.

Harris held talks on North Korea's latest

missile launch with the prime ministers of five U.S. partners, Japan, South Korea, Australia, Canada, and New Zealand, to issue a strong condemnation of North Korea.

Talking about meeting with Biden, Xi told Chinese state broadcaster CCTV that the conversation was strategic and constructive and had crucial guiding significance for the next stage of China-U.S. relations.

"It is hoped that the two sides will further enhance mutual understanding, reduce misunderstanding and misjudgment, and jointly promote China-U.S. relations to return to a healthy and stable track," he said.





## Wayne County going green this week to support military veterans

Wayne county began its participation in Operation Green Light for Veterans, a national program organized by the National Association of Counties and the National Association of County Veterans Service Officers. Wayne County commissioners are giving the green light to veterans this week. Hundreds of counties across the country joined this week in demonstrating appreciation and support for America's veterans in a new way. County government buildings have been illuminated in green November 7-13 as part of Operation Green Light for Veterans.

The new initiative is spearheaded by the National Association of Counties (NACo) and the National Association of County Veteran Service Officers (NACV-SO). It is designed to raise awareness about the unique challenges veterans face and the resources available to assist them and their families

"Studies have highlighted the issues many veterans face, including post-traumatic stress disorder and feelings of isolation," said Baker McCormick, who is an Army veteran. "Operation Green Light is a way to let our veterans know we care, and I'd really like to see it carried out throughout the county.

"Our veterans are always in the forefront of our minds, and we have a special commission committee dedicated to their interests but participating in Operation Green Light is a special way to publicly show our support," said Wayne County Commission Chairwoman Alisha Bell (D-Detroit).

In addition to lighting county buildings, states, municipalities, residents, businesses, and community organizations have joined in showing their support.

"Operation Green Light for Veterans is a simple way to express our profound gratitude for the immeasurable sacrifices our veterans have made to protect our country and our way of life," said NACo President Denise Winfrey. "By shining a green light, we are sending the message that veterans are seen, appreciated and supported." America's counties have a long and proud history of serving our nation's veterans, a legacy that continues to this day as we work with our federal, state, and local partners to ensure that the former service members in our communities have access to the resources they need to thrive.



### Rebeka Islam Recipient of the Governor's Service Awards Winners

Gov. Gretchen Whitmer and the Michigan Community Service Commission were pleased to honor 10 winners of the 2020/2021 Governor's Service Awards who supported significant needs and made a difference in food distribution, health or supporting other community issues during the pandemic. Rebeka Islam was of the recipients of the Governor's Service Awards

Rebeka Islam is an advocate for Asian American Pacific Islander (AAPI) rights and resources, and the COVID-19 pandemic has further fueled her fire to help within her community.

"When I realized that entire communities would fall through the cracks as a result of the obstacles to outreach and a lack of representation in the system, I started the journey towards bridging that gap in my own community however I could here in Greater Detroit and Southeastern Michigan," said Rebeka.

Rebeka first began serving when she was a teenager. She remembers being a high schooler in Michigan when Hurricane Ike devastated thousands of lives hundreds of miles away. Although she didn't have any personal ties to the areas devastated, she felt connected to the

individuals going through such a life-altering circumstance.

"I was in awe at the kind of care people could give to each other when they were in need and energized that I could be part of a cause to help someone, somewhere," said Rebeka.

When the fundraising efforts for Hurricane Ike victims subsided, Rebeka realized she could volunteer in a variety of other ways. She assisted in the opening of the first youth chapter of the Red Cross in Detroit, volunteered with the Skillman Foundation, and started phone banking with the Michigan Roundtable for Diversity and Inclusion in partnership with Asian and Pacific Islander American Vote-Michigan. The latter allowed her opportunities to speak to other Asian and Pacific Islander individuals with similar experiences of hardship and disconnect when moving to a new land.

"As long as I am able, I am proud and grateful to serve the community as a Bangladeshi Muslim American woman, mother and community advocate," said Rebeka. "I am grateful that among many other beautiful cultures and religions which make up the tapestry of our state, both my Bangladeshi cultural heritage and Muslim faith have

taught me to stand up against oppression and to care for my neighbors and community of all belief practices and backgrounds."



### MCACHE Annual Meeting Healthcare Outlook For 2023

#### BY: AKRAM ALI

Midwest Chapter of the American College of Healthcare Executives (MCACHE) hosted their Annual Membership Meeting at Dearborn Inn Hotel. The annual meeting served as a special event and culmination of so many great accomplishments and successes by MCACHE organization. The evening started with the Annual MCACHE Business Meeting. As each of the Committee Chairs explained their group's accomplishments for the year 2022. Much of the MCACHE's work happens through the committees which of course are made up of volunteers, whether those are the Chairs and Vice Chairs of the Committees or Officers and other Board members. All these folks are very busy managers, executives, and leaders within their 'paid' jobs, along with no doubt busy family and personal activities. And yet, they still find time and energy to support MCACHE and the profession of healthcare leadership.

A highlight was the opportunity to present to the late David Campbell's family, the MCACHE Lifetime Achievement Award. Lifetime Achievement Award was given in honor David Campbell, FACHE for his tirelessly work and a great contribution to MCACHE during his lifetime before he departed life. His wife was the recipient of the Award on his behalf. Several MCACHE members described his servant leadership style, but also what type of friend, mentor, coach, supporter he was to so many people, to the MCACHE chapter, and to MCACHE predecessor organizations. He touched so many lives and he surely will be missed.

ACHE Regent, Thomas Lanni, FACHE, recognized the Regent Award winners who he presented with awards earlier in the year at

Carolina at Chapel Hill in our Student category, Kristia laws during the business meeting. Le, MHA, CHFP -Corewell Health as our Early Careerist, and the late Maia Platt, Ph.D. - the University of Moreover, a big congratulations to my Vice Chair MCACHE Detroit Mercy in our Faculty category.

nizing their contributions and hard work to MCACHE Kowalski and Scott Johnson, MBA, MPH, CSMC - Midwest Chapter of ACHE.

the Michigan Hospital Association meeting. These in- announced at the annual meeting. In addition, people voted clude Sana Matloub, MHA - the University of North to approve the changes that were made to the MCACHE By-

program committee Melanie Berger for receiving 2022 Con-Furthermore, there were three distinguished ser- tributions Award for her contributed time and energy above vice awards given to Michelle Hornberger, Denise and beyond to help deliver on MCACHE's mission. Two Brooks-Williams, Peter Karadjoff, FACHE for recog- other winners Contribution Awards were also given to Scott

Congratulations to all awards recipients. Thank you very 2023 Re-elected and new At-large Board members were much for everything you do the MCACHE organization.





## Gov. Whitmer Announces Winners for 2022 Governor's Service Awards

#### **Free Opinion Press:**

Gov. Gretchen Whitmer and the Michigan Community Service Commission announced 46 individuals, businesses and nonprofit organizations recipients of the 2022 Governor's Service Awards and applauded their commitment to volunteerism, service, or philanthropy.

"Michigan succeeds because of Michiganders who go above and beyond to serve their communities and lift up others," said Governor Whitmer. "This year's winners get things done even when nobody's looking because they know that every contribution makes a huge impact. I am honored to present the Governor's Service Awards to this year's 46 recipients and urge every Michigander to get involved in their community so we can move our state forward together." The winners include:

Lifetime Humanitarian Award: Gail Perry-Mason (Detroit)

Governor George Romney Lifetime Achievement Award: Marlowe Stoudamire (posthumously) Philanthropist Award: Izzo Legacy Family Fund (East Lansing)

Civic Engagement Impact Award: Astrid Fan (East Lansing), Krish Ghosalkar (Troy), John Wesley Cromer, Jr. (Detroit), Irene Sinclair (Southfield), Paul Charette (Lansing), USP4GG Michigan (Sterling Heights), Challenge Detroit (Detroit)

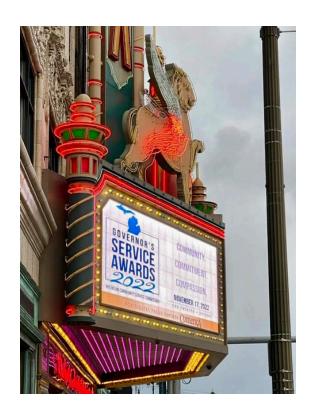
Community Impact Award: Ava Bunao (Troy), Barbara Matney (Warrendale), Ford Resource and Engagement Center - Detroit East (Detroit), Michael Kent (Traverse City), Jane Beach (Edmore), Grow Benzie (Benzie County), Antionette Buckley (Flint) Corporate Social Impact Award: Barton Malow (Southfield), Caster Concepts (Albion), Detroit Pistons (Detroit), Hemlock Semiconductor (Hemlock), Lake Trust Credit Union (Brighton)

Environmental Impact Award: Lorana Jinkerson (Marquette), Akshitha Sahu (Troy), Manistique Community Treehouse Center (Manistique), Peace Tree Parks (Detroit)

Health Impact Award: Katherine Heath (Bloomfield Hills), Alison Jakubcin (Alpena), Jim Kaski (St. Clair County), Dr. Michael Lutz (Rochester Hills), Dr. Amy Yorke (Flint), Gleaners (Southeast Michigan), Lighthouse (Oakland County)

National Service Impact Award: Cortnie Parish (Howell), Thomas Steele (Swartz Creek), June Swift (Grand Rapids), YouthWork AmeriCorps— Child and Family Services of NW MI (Traverse City), Economic Opportunity Coaching Corps AmeriCorps—Peckham, Inc. (Lansing)

Youth Services Impact Award: Kimber Bishop-Yanke (Birmingham), Diane Feenstra (Traverse





City), Stephen D. Mayfield (Flint), Cathrine Ovenshire (posthumously), Elizabeth Voglewede (St. Joseph), Career Technical Education Committee (Marquette and Alger Counties) Detroit Economic Club (Detroit), Rhonda Walker Foundation (Detroit)

### Troy High senior Krish Ghosalkar, Civic Engagement Impact Award winner

Krish Ghosalkar began his involvement with the nonprofit Key2Finesse at the age of 10 through his sister who co-founded it in 2015. Krish officially joined the organization in 2018 and embraced the mission - to provide platforms for students to demonstrate their writing and public speaking skills, while giving back to noble causes in their community. In 2020, Key2Finesse tackled organ donations and supported the Gift of Life Foundation. While serving on the board, Krish streamlined the fundraising efforts online to aid the contribution of \$75,198 to the Gift of Life Foundation in 2020 and \$116,100 to Angels of Hope in 2021. In the last two years, Krish has helped to expand Key2Finesse's efforts much beyond fundraising. Recognizing the need for students to learn from others, Krish helped to organize high school and career exploration symposiums over Zoom. These symposiums invited successful high schoolers, college students, and professionals to share their journeys and advice to motivated students. Krish also recognized the educational gap that was created in students' learning during online schooling, and the shortage of internship opportunities. This led him to develop a virtual tutoring program and an internship event. Due to these efforts, he has brought out the best in his team and it resulted in Keys2 Finesse expanding to 10 states and five countries as they help to provide the tools needed for students to succeed.

#### Athens sophomore Ava Bunao, Community Impact Award winner

Ava Julianna Garza Bunao is an impressive young philanthropist and sophomore at Troy Athens High School. As a student, she is a top scholar of her class and a talented musician. She is someone who exudes joy, generosity, and kindness. Ava has a long history of using her time and talents to improve the lives of others. She serves in the emergency shelter, supported and celebrated veterans, helped with writing letters to pen pal residents at nursing homes, supported Girl Scout troops, provided her hair for Wigs for Kids program, conducted friendly visits at nursing homes, provided needed items for Humane Society, maintained a community garden,

wrapped donated Christmas gifts for kids, educating the community about recycling, assisted with providing STEM projects, delivered food to people in need, and much more. One of the programs she provided leadership to was supporting the school food pantry. When she recognized there were not options for people with food conditions, she took it upon herself to develop a fundraiser called Macarons for Morse. She baked and sold macarons and used the proceeds of her impressive baking skills to buy specialty foods for people with needs. Ava's ingenuity has been used to get chain stores like Kroger and Aldi on board with her mission of making specialty/gluten free foods more accessible. Her work has led to dozens of macarons deliveries and in turn made an immediate relief for those with severe food allergies. Ava dedicated her time during the summer volunteering with Fundamental Therapies, tutoring young students with learning and reading challenges, and serving as FIRST crew during the GIRLS R GRAYT. Ava received the Silver Award in Girl Scouting, which is the highest award for her Girl Scout level, received the 2022 Tammie Murray spirit award, was selected as an MH-SPEA scholar, and won a state championship as a part of the Troy Athens Winterguard. Ava is an inspiration to her peers and has become a genuinely impactful person that is making a tremendous difference.

#### IAE senior Akshitha Sahu, Environmental Impact Award winner

Akshitha Sahu found her love creativity for the environment inside the walls of Troy High School. Akshitha created the EcoBricks project, which uses hard to recycle plastics to transform into useable bricks. Her environmental club was able to work with local sponsors to create a bench from the items collected from the project. In that same club, Akshitha started an annual Earth Day convention and Go Green talk show. Both initiatives have had a prominent impact on her community and were recognized for their professionalism and thoroughness. Her ventures did not stop at school, she has both a poetry workshop and summer camp where her heart and bright mind have impacted younger children. Akshitha has dedicated hours to the Parks and Recreation Board of Troy, the Troy Historic Village, and the Stage Nature Center. "As a volunteer, Akshitha has shown outstanding commitment, leadership, attention to detail, and a can-do attitude towards anything unexpected that comes her



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## U.S. removes Trump-era barriers to citizenship-test waivers for disabled immigrants

By: Juliana Kim

U.S. Citizenship and Immigration Services has rolled out several changes to make the naturalization process more accessible for applicants with disabilities. After months of public feedback, the federal agency has shortened and simplified its disability waiver, which is used to exempt immigrants with physical, mental or learning disabilities from the English and civics test requirements.

The revisions largely undo efforts by the former Trump administration to expand requirements for disabled applicants seeking to naturalize.

"The recent policy change is a big step in the right direction and a major improvement over the old policy," Laura Burdick, who works on disability waiver policies with the Catholic Legal Immigration Network, told NPR.

"It takes a much more humane approach," she added.

In a statement last week, USCIS Director Ur Jaddo said the revisions were part of President Biden's executive order to restore faith in the U.S. immigration system.

Among the steps to become voting citizens, immigrants are tested on how well they read, write and understand English and how much they grasp U.S. history and government. Since 1994, the federal government has allowed immigrants with disabilities to receive waivers for such requirements.

In 2020, the Trump administration nearly doubled the length of the disability waiver and added unnecessary complexity, Burdick said. USCIS itself has described some parts of the application as



"redundant" and has said they "no longer have practical utility."

Questions such as how the applicant's disability affects their daily life, a description of the severity of the disability and how frequently they are treated by medical professionals have since been eliminated.

Another policy change gives applicants who did not properly complete their waiver the option to simply resubmit their form with updated information, rather than fill out entirely new paperwork.

Burdick said these policy improvements will remove barriers and create a more efficient pathway to citizenship for people with disabilities.

But there's more work to do, she added. Among her organization's concerns are the limited types of medical professionals allowed to certify accommodations.

"Many of the immigrants that we serve receive their primary care from a nurse practitioner, since they are often more accessible than medical doctors, especially in low-income communities," she said.

In the three quarters from October 2021 through June 2022, about 45,000 immigrants had applied for a disability waiver.

Sources: NPR

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#### **Congressional Proposals for a Federal Public Health Insurance Option**

By: Christine Monahan

Democrats in Congress have proposed several versions of a public option over the past decade. This blog post summarizes the main features of four bills from the current congressional session that would establish new federally operated public plans: the Consumer Health Options and Insurance Competition Enhancement (CHOICE) Act (S. 983), the Public Option Deficit Reduction Act (H.R. 2010), the Medicare-X Choice Act of 2021 (S. 386; H.R. 1227), and the Choose Medicare Act of 2021 (S. 1180; H.R. 5011).

Public Option Plan Eligibility May Be Broad or Narrow

The CHOICE Act and the Public Option Deficit Reduction Act take a narrow approach to eligibility, limiting public plans to consumers eligible to enroll through individual marketplaces. This offers marketplace shoppers, some of whom continue to face consolidated insurance markets with a limited choice of carriers, new and affordable plan options.

The Choose Medicare Act is broader, offering public plans across all markets, including the employer market. Such wide availability could result in significant savings for the government, consumers, and employers by lowering costs

across the commercial market.

The Medicare-X Choice Act gradually phases in coverage across geographic regions and markets. It starts in individual market rating areas with only one marketplace issuer or a lack of competition among health care providers. Over time it extends coverage to the remainder of the individual market as well as the small-group market.

Public Option Plans Resemble Qualified Health Plans

Current proposals would design public plans to resemble existing marketplace plans, including in the scope and generosity of benefits. This minimizes concerns about an unlevel playing field, which could cause adverse selection with individuals who expect to use more health care gravitating toward plans offering greater financial protection and plan premiums increasing correspondingly.

But even while generally aligning with existing standards, public plans can be used to make targeted coverage improvements. For example, the Medicare-X Choice Act prohibits public plans from imposing cost sharing for primary care services, while the Choose Medicare Act requires coverage of all reproductive services, including abortion. While not currently included in any federal proposals, recent state action demonstrates how plan benefit designs

also can be tailored to reduce health care disparities.

Looking Forward

The current proposals have many similarities. Policymakers and stakeholders could build on them to negotiate a single public option proposal in future congressional sessions. A narrow version of a public plan could offer a more affordable option to consumers in areas with consolidated insurance and health care markets. A broader version that reaches large employers could achieve significant savings across the health care system but would likely generate more opposition from industry interests who prefer the status quo. Ultimately, the viability of any public option proposal passing in the next session will depend on whether Democrats retain control of Congress following the midterm elections and their appetite for taming health care costs.

